



Linton Primary School Newsletter

22nd March 2023

Volume 4 - 2023

Respect Responsibility

Pride



From the Principal:



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Happy Harmony Week!



Important Dates	
Friday, 24 th	National Ride to School Day
Tuesday, 28th	LDSSA Athletics
Monday, 3 rd April	Community Walk
Thursday, 6 th	Final day of Term 1! 2:30 pm finish Easter Parade Morning Tea 😊
Monday, 24 th	First day of Term 2 ANZAC Day service
Tuesday, 25 th	ANZAC Day Public Holiday

All students have been celebrating Harmony Week during the week. We have been reminding each other to appreciate everyone, regardless of their background or circumstances!

It has been so nice to welcome families into our new space and also get some great feedback about how the works are progressing!

The next stage of the building works has continued in earnest with plaster starting today. The builders inform me that the biggest delay may be the external concrete works, so we are all hoping they get started whilst we still have some nice weather. As always, staff would like to commend our students who continue to be able to focus on their learning despite the busy school we have at the moment! There is some really important information below on sleep health from the department. Getting into good routines is super important, especially to aid our students/children and give them the best possible chance of success in the classroom.

End of term

Some quick notes about our final day of term which is fast approaching:

- Students are invited to order a Hot Cross Bun for morning tea (thanks to our parents for organising this) – **order form is attached to the newsletter**
- Students will be completing an 'Easter Bonnet Parade' at 11:00 am – all families and friends are welcome to attend
- **School will finish at 2:30 pm**

Linton PS is a
Child Safe School

School Bank Details
Parents wishing to make payments via direct deposit:
BSB: 063838
Account: 10018078
Please use student or family name in the reference field.

NAPLAN Testing

Our Year 3 & 5 students completed their NAPLAN testing earlier this week. They all did a brilliant job concentrating and doing their personal best.

OSHClub

Our OSH Club staff are all setup, waiting for enrolments! If you have any questions on how to enrol students, please come and get in contact with Tracey or Sarah 😊

Community Walk

To finish up our integrated learning (Mappen) unit for this term, we would love to take students on a walk around our local community. This will be happening on Monday, 3rd April from 12:30 pm. Students will be walking through the town, down to the Rec. Reserve before having lunch and visiting some community locations on the way home. Fingers crossed for some great weather, it will be nice to get out and about!

LDSSA Information

A reminder that any available parents are invited to assist with setup at the Linton Recreation Reserve on Monday, 27th March from 12:00 midday.

Students are to please meet staff at the Recreation Reserve by 8:45 AM next Tuesday. Please find a canteen list for sports day at the end of the newsletter!

Reminder - Hands-on

Each year (funnily when it comes to footy season starting), our students need a big reminder that we do not tackle or have hands-on at school, regardless of if we are playing football or not. We have reminded the students of expectations around this; it is simply too dangerous if students are being rough with our P-6 students often all playing in similar areas. We would appreciate families also reinforcing this message at home.

Parent Cuppa Morning

We would love to invite all parents in for a 'cuppa' and a chat on Friday, 17th March from 9:00 am. This will be a chance for a catch up as well as planning for the year ahead.

Snow Camp Note (Year 3-6)

Important information for Snow Camp went home yesterday. If families have any questions or there is anything they are unsure about please get in contact with Mr Robinson.



National Ride2School Day

Linton Primary School is excited to be celebrating National Ride2School Day on Friday 24 March 2023.

National Ride2School Day is the perfect opportunity to establish new healthy habits and promote the many benefits of active travel.

On Friday 24 March, we encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go.

Linton Primary School is helping students and their families to ride to school by meeting Mr Robinson @ the Recreation Reserve this Friday @ 8:30 am!

For more information about the day and its benefits, search National Ride2School Day.

Staff emails

Miss Walker – jacklyne.walker@education.vic.gov.au (Thursday & Friday)

Mr Vagg – daniel.vagg@education.vic.gov.au

Mr Robinson – stuart.robinson@education.vic.gov.au

Angela Burgoyne (Business Manager) - angela.burgoyne@education.vic.gov.au

School email – linton.ps@education.vic.gov.au

Appreciation

I appreciate everyone who came in for a 'cuppa' last Friday! It was a productive morning 😊

Stuart Robinson
Acting Principal
Linton Primary School



Sleep Health

Dear families,

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.



Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up
- changes to communicating or interacting at home.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or waking unrefreshed, despite getting adequate length sleep, they should see a doctor.

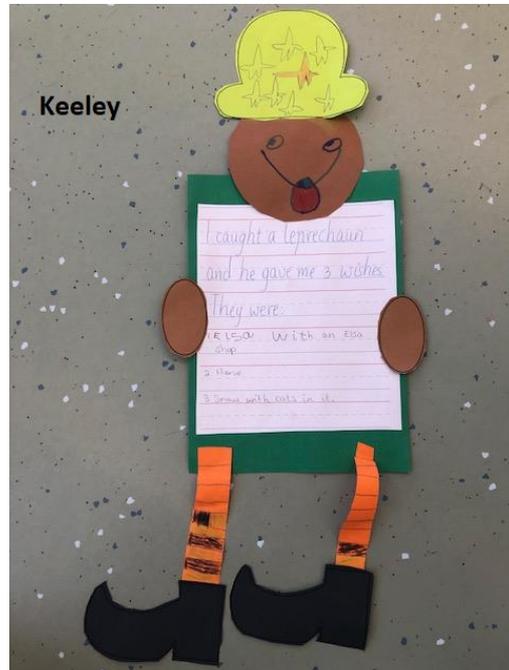
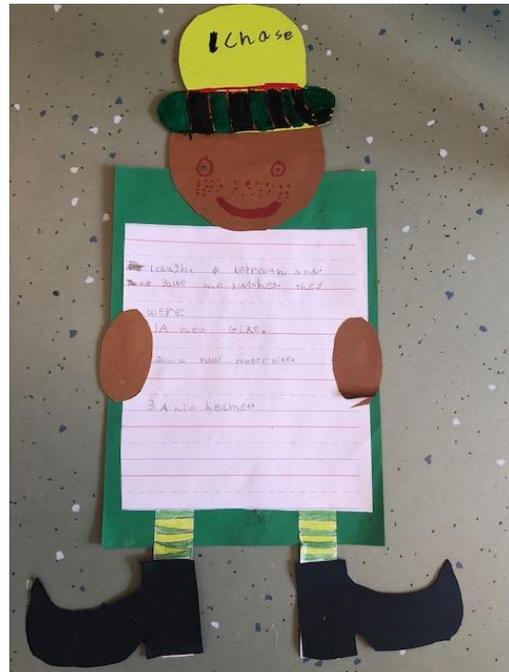
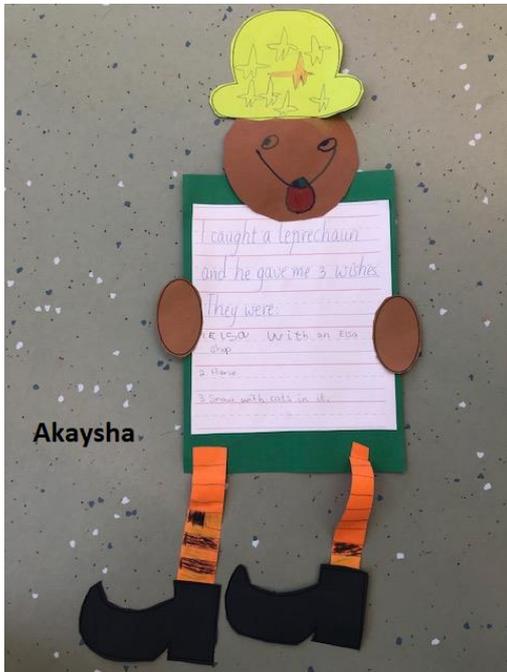
For more information on sleep health, you can refer to:

- [Sleep tips for children](#) and [Facts about sleep for parents and school staff](#), from the Sleep Health Foundation
- [Why sleep is so important](#), from the Kids Helpline's
- [Sleep explained](#), from the Better Health Channel.

One-liners!

F-2	In reading we have been breaking tricky words up into individual sounds to help us decode what they say.
3-6	Reading - Making predictions using text evidence. Maths - Learning about chance and probability.





Junior Writing 🍀

For St Patrick's day we learnt about what St Patrick's day was. We also learnt about some of the myths related to Ireland. We wrote about what wishes we would make if we were lucky enough to catch a leprechaun.





INVERLEIGH & DISTRICTS GOOD FRIDAY APPEAL

Family Fun Day 2023

Friday
7 April
10am-5pm

All money raised goes to the Royal Children's Hospital

Located 25 minutes from Geelong - Victoria Park, 20 Park Street, Inverleigh. FREE ENTRY, FREE PARKING.



**CARNIVAL
RIDES &
FUN FARM 2U**

\$30 all day pass or
\$7 per ride



MIK MAKs

11am
& other
live music



**Easter Bunny
12pm**

**EGG HUNT
12:30pm**

\$5. Run in age groups.



AUCTIONS

Live 3:30pm
Must Register

**Silent Ends
3:30pm**

Raffles & Spinning Wheel all day



**Live Animal
Show
2pm**



**Teddy Bear
Hospital
1pm-3pm**



**KF Dance
10:30am**



**SES 10-3pm
CFA 2-5pm**



**Toy
Workshop
10am-12pm**



All Day
**Classic Cars,
Food Vans, Market
Stalls and more**

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Golden Plains Times

**Stockdale
& Leggo
Bannockburn**

NO ALCOHOL, NO SMOKING, NO DOGS (excludes assistance dogs).

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MENU

HOT FOOD

PIE	\$4.00
VEGIE PASTIE	\$4.00
SAUSAGE ROLL	\$3.50
STEAM DIM SIM	\$1 EACH
HOT DOG	\$4.00
CHICKEN & SALAD ROLL	\$6.00
HAM & SALAD ROLL	\$6.00
SALAD ROLL	\$6.00

SWEETS

ICED DONUTS	\$3.00
JAM DONUTS	\$3.00
LOLLY BAG	\$2.00
ZOOPER DOOPER	\$0.50

COLD DRINKS

SOFT DRINK	\$2.00
WATER	\$1.00
JUICE BOX	\$1.00

THANKYOU FROM THE SCARSDALE PFA